



Wellbeing and Therapy for Children, Young People & Families

27 Brocco Bank  
Sheffield  
S11 8RQ

0114 2665546  
info@appletreecentre.co.uk  
www.appletreecentre.co.uk

## **Job Description:**

### **Children and Young People's Psychotherapist**

You will offer individual therapy sessions to children and young people at the Apple Tree Centre, including initial consultations and therapeutic review sessions with parents and carers.

This post is offered over three or four days per week (salaried employee) or 5-15 sessions per week (self employed).

#### **The primary responsibilities of this post will be:**

- to provide individual therapy sessions to children and young people at the Apple Tree Centre
- to provide a minimum of 13 appointments per week for a 3 day post, or 16 for a 4 day post, or 5+ (self employed sessional)
- to offer support to parents, carers and other professionals through consultations and therapeutic reviews
- to report to the co-directors of the Apple Tree Centre
- to work supportively and collaboratively with the Centre Manager and other therapists employed by and working on behalf of the Apple Tree Centre
- to maintain appropriate records of all therapeutic work
- to write reports relating to therapeutic work as required
- to work in accordance with the policies and procedures of the Apple Tree Centre, including managing safeguarding risk and reporting through the Centre's procedures
- to maintain the values and ethos of the Apple Tree Centre, including a commitment to equality and diversity

#### **Other duties may include:**

- offering training and consultation to colleagues and other professionals
- maintaining the physical environment of the Centre and therapeutic materials
- occasional administrative tasks, as requested by the Centre Manager and co-directors
- other duties as assigned

**We will provide:**

- A fully managed therapy service including line management supervision, safeguarding monitoring, and the management of all referrals and communication with families
- Access to regular external clinical supervision
- Professional support and career development
- A dedicated therapy room for you to work in at The Apple Tree Centre which is fully equipped with creative equipment, including a sand-tray with small world figures and art/craft materials



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## Young People's Psychotherapist: Person Specification

### Essential Criteria:

- A postgraduate qualification in a relevant therapeutic discipline, with specific training to work with young people aged 4-11 **or** 11 and over.
- Membership of an appropriate professional body (BAPT, BACP, UKCP or equivalent).
- Experience of providing individual psychotherapy to children and young people.
- A working understanding of the social, emotional and psychological development of children and young people.
- The ability to engage empathically with children, young people and their families.
- An awareness of, and commitment to, the importance of appropriate personal and professional boundaries in providing therapeutic work.
- A commitment to reflective practice, including continuing professional development and regular clinical supervision by an appropriately qualified and experienced therapist.
- Experience of receiving personal therapy, and an understanding of the value of personal therapy and self care.
- The ability to work within a person-centred framework, respecting the unique needs, abilities and autonomy of each client.
- An awareness of the needs of diverse client groups and a commitment to anti-oppressive practice.
- The ability to work independently within a clear policy framework.
- The ability to maintain appropriate online records of all therapeutic work.
- Commitment to working within a mutually supportive team, including attending CPD events, team meetings and peer supervision.

### Desirable Criteria:

- At least two years' experience providing individual therapy to children and young people.

- Specific training to work with children and young people aged 4-18 and over.
- Experience in delivering creative, person centred therapy.
- Experience delivering training or CPD workshops to other professionals.
- Experience of using Google Workspace.
- Expertise relating to attachment, trauma, neurodiversity, and gender and sexual diversity.
- Experience of managing risk and safeguarding children and young people within a harm minimisation framework.



The  
Apple Tree  
Centre

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## Recruitment: Additional Information

### About the Centre

The Apple Tree Centre is an Ofsted registered Adoption Support Agency. We also accept self referrals for privately funded therapy, and work in partnership with schools to offer training and therapy in educational settings.

As well as supporting children and young people with difficulties including anxiety and depression, low self esteem and self harm, all our therapists specialise in developmental trauma, attachment difficulties, neurodiversity and sexual and gender diversity. Our therapy is not time limited and we are a developmentally informed, client-led service.

### Safeguarding

The Apple Tree Centre works respectfully and collaboratively with young people to promote their safety and welfare, using a harm minimisation approach to risk management.

A copy of our safeguarding policy is available on our website:

<https://appletreecentre.co.uk/safeguarding-policy/>

### Selection Process

We provide a standard application form which all applicants are required to submit along with a covering letter. This letter should highlight the skills, experience and attributes which make you particularly suitable for the role for which you are applying.

Applicants with the appropriate skills and experience will be invited to a face-to-face interview with the Co-Directors of the Apple Tree Centre. (In exceptional circumstances, an online interview may be offered as an alternative.)

This process takes around 2 hours and includes a semi-structured interview and a brief skills demonstration, in which one of us will play the role of a child or young person to give you an opportunity to show us how you work.

### Policy on the recruitment of ex-offenders and self disclosure

The Apple Tree Centre, as a provider of 'regulated activity' to children and young people, is included in the Rehabilitation of Offenders Act 1974 (exemptions). This enables The Apple Tree Centre to ask all staff and students on placement to complete Enhanced Disclosure and Barring Service (DBS) applications. This will show unspent criminal reprimands, cautions and convictions. Enhanced Disclosures will also sometimes show spent criminal convictions if they potentially pose a risk to children and young people.

All applicants who are invited to interview will be required to submit a self disclosure form in a sealed envelope, including consent to apply to a DBS check or check the DBS update service if there is a certificate registered. This information will only be accessed if the interview is successful, and only by those who need to see it as part of the recruitment process. Any criminal reprimands, cautions and convictions disclosed will be considered and discussed with the candidate before making a final decision.

Having a criminal record will not automatically bar someone from working at The Apple Tree Centre. Any individual with a criminal record will have their application assessed for risk to children and young people and will depend on the circumstances and background of their offences.

As an organisation using the DBS service to assess applicants' suitability for positions of trust, The Apple Tree Centre complies fully with the DBS Code of Practice and undertakes to treat all applicants fairly. We undertake not to discriminate unfairly against any individual subject to a Disclosure on the basis of conviction or other information revealed.



Date:

## Reference Request Form

FOR INFORMATION ONLY - we will contact references directly after making a provisional offer of a role

Name of applicant:

Post applied for:

Person completing form:

Role:

How long have you known the applicant, and in what capacity?	
What was their professional role during your work together?	
As far as you are aware, has the applicant been subject to any formal disciplinary process?	
Are you aware of any factors which might make the applicant unsuitable for therapeutic work with children and young people?	
What is your overall opinion of the applicant's suitability for this role?	

Reference provided by	
Preferred telephone number for follow up call	
Any preferred days/times to be contacted to follow up by phone	

Please return this form by email to [info@appletricecentre.co.uk](mailto:info@appletricecentre.co.uk)